

Real time object detection and interaction in at using deep learning

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Abstract—Augmented Reality (AR) has made extensive progress in various applications such as gaming, medical, and industrial automation. Support from deep learning-based real-time object detection offers improved user engagement and environment insight in AR environments. This article introduces a solution using Convolutional Neural Networks (CNNs) and existing state-of-the-art object detectors like YOLO (You Only Look Once) and Faster R-CNN for real-time object identification. The system handles camera input, real-time object detection, and interactive AR overlays based on object properties and user input. Model quantization and hardware acceleration through GPUs and TPUs minimize latency. Experimental tests show the efficiency of the proposed method in accuracy, detection speed, and interactive responsiveness. The findings promise enhanced real-time AR usage, opening the door to smart, context-aware augmented surroundings.

Keywords—Real-time object detection, Augmented Reality, Deep Learning, YOLO, Faster R-CNN, Convolution.

Introduction

Augmented Reality (AR) enriches real-world surroundings by superimposing digital information, and thus it finds broad use in applications such as gaming, healthcare, and industrial automation. Real-time object detection and interaction are a central challenge in AR, which the conventional marker-based methods cannot tackle effectively.

Deep learning, especially Convolutional Neural Networks (CNNs) and architectures such as YOLO and Faster R-CNN, have made object detection high-speed and high-accuracy. Incorporating these architectures in AR systems allows real-time dynamic object recognition and interaction, enhancing user experience. Computational complexity, however, is a drawback, and optimizations like GPU acceleration and model quantization are necessary for real-time processing.

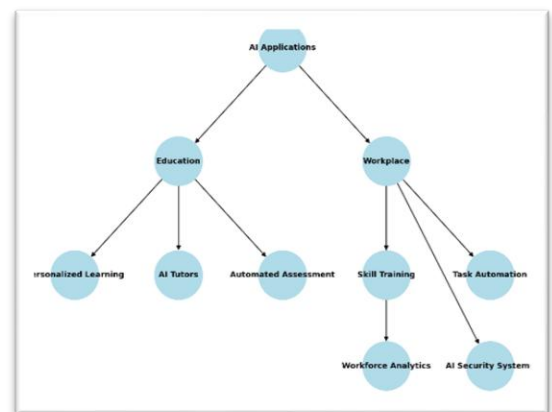
1.1 AI Applications

Artificial Intelligence (AI) has significantly advanced real-time object detection and interaction, enabling seamless integration with Augmented Reality (AR). Some key applications include:

1. Smart Retail – Computer vision-based AR facilitates virtual try-ons, customized suggestions,

and conversational shopping experiences through real-time object recognition.

2. Healthcare – AR-enabled AI programs assist in medical imaging, surgery planning, and rehabilitation through superimposing realtime information onto identified anatomical structures
3. Autonomous Vehicles – Object detection in AR enhances navigation, obstacle detection, and real-time decision-making in self-driving systems.
4. Education & Training – AI-driven AR applications create interactive learning experiences by identifying and augmenting real-world objects for better engagement.
5. Industrial Automation – AI-powered AR improves assembly line efficiency, maintenance, and quality inspection by detecting and analyzing objects in real time.



6. Security & Surveillance – AI enhances real-time monitoring by detecting suspicious activities and recognizing faces or objects in surveillance systems.
7. Gaming & Entertainment – AR games leverage AI-based object recognition to create immersive, interactive environments responding to real-world elements.

1.2 Define Objectives

The primary objective of this research is to integrate deep learning-based real-time object detection with Augmented Reality (AR) to enhance user interaction. The specific objectives include:

1. Develop a Real-Time Object Detection System – Implement deep learning models such as YOLO and Faster R-CNN to accurately detect objects in AR environments.
2. Enhance AR-Based Object Interaction – Enable dynamic user interaction with detected objects using AI-driven gesture recognition and contextual overlays.
3. Optimize Computational Performance – Reduce inference time and improve processing speed through model quantization, GPU acceleration, and edge computing techniques.
4. Ensure High Accuracy and Responsiveness – Improve detection precision and reduce latency to maintain seamless AR experiences.
5. Validate Performance in Real-World Scenarios – Evaluate the system across different AR applications, including retail, healthcare, and industrial automation, to ensure robustness and efficiency.

1.3 Define Outcomes

The proposed system integrating deep learning-based real-time object detection with Augmented Reality (AR) is expected to yield the following outcomes:

1. Efficient Real-Time Object Detection – Implementation of YOLO and Faster R-CNN will enable fast and accurate object recognition within AR environments.
2. Seamless Object Interaction – Users will be able to interact with detected objects through AI-driven gesture recognition and contextual overlays, improving engagement.
3. Optimized System Performance – Model quantization, GPU acceleration, and edge computing will enhance processing speed, reducing latency for real-time applications.
4. Improved Accuracy and Robustness – The system will demonstrate high detection precision across various lighting conditions and object types, ensuring reliability.
5. Scalability Across Applications – The developed system will be applicable in diverse domains such as retail, healthcare, education, and industrial automation, making AR more intelligent and adaptive.

I. LITERATURE REVIEW

A. Deep Learning-Based Object Detection in AR

Real-time object detection is a fundamental requirement for AR applications, enabling seamless interaction between

virtual and real-world elements. Traditional object detection methods relied on feature extraction techniques such as Scale-Invariant Feature Transform (SIFT) and Speeded-Up Robust Features (SURF) [1]. However, these methods had limitations in handling varying lighting conditions, occlusions, and real-time processing.

With advancements in Deep Learning (DL), object detection has become more robust and accurate. One of the most widely used object detection frameworks is You Only Look Once (YOLO), introduced by Redmon et al. [2]. YOLO performs detection in a single pass through a neural network, making it significantly faster than traditional region-based methods. Research studies integrating YOLO with AR applications have demonstrated real-time object recognition with high accuracy, improving user experience in fields such as smart retail, education, and navigation. However, YOLO struggles with small object detection, requiring further enhancements for AR applications involving intricate environments.

Another prominent object detection model is Faster R-CNN, proposed by Ren et al. [3], which utilizes Region Proposal Networks (RPNs) to generate object proposals before classification. Studies have shown that Faster R-CNN achieves higher accuracy than YOLO but at the cost of increased computational complexity, making it less suitable for real-time AR applications unless optimized. A comparative study by Zhang et al. [4] evaluated YOLOv5, Faster R-CNN, and SSD (Single Shot MultiBox Detector) in an AR environment, concluding that YOLOv5 provided the best balance between speed and accuracy for interactive applications.

Further improvements in object detection for AR involve transformer-based models such as DETection TRansformer (DETR) [5]. DETR eliminates the need for region proposals, making it more efficient for complex AR environments. However, due to its high computational demand, research is ongoing to optimize transformer models for real-time AR usage.

B. Enhancing AR Interaction Using AI

The rapid evolution of artificial intelligence (AI) has transformed various industries, requiring organizations to reconsider their operational strategies and ethical responsibilities. Giralt Hernández [1] emphasizes that an ethical and inclusive AI framework is essential for responsible deployment.

Wamba-Taguimdje et al. [2] suggest that AI optimizes business processes and increases competitive power, but there must be ethical checks to avoid harmful effects on human autonomy and values. Giralt Hernández [1] further highlights that ethics must be a prime element of AI deployment strategies. Healthcare revolution through AI is another highly debated area. Alowais et al. [3] address the use of AI in clinical settings and how it can be used to improve patient care. They suggest that the integration of AI should be led by ethical frameworks to prevent unintended consequences. This is a

general requirement for ethical deployment of AI across all industries.

Though performance improvement, as earlier noted, is a significant impact of AI applications, there are ethical issues around their utilization. Fiske et al. [4] discuss the ethics of embodied AI applied in mental health, and they advocate for comprehensive ethical principles that will balance AI benefits and risks. They highlight the point that organizations must come up with clear guidelines for ethics prior to the deployment of AI systems. Malik et al. [5] also talk about the advent of AI in Industry 4.0 factories, reporting opportunities and ethical issues that it brings about. While making processes more efficient, AI also poses a threat to worker autonomy and worker displacement. To mitigate such obstacles, efforts must be proactive in order to align AI deployment with human values.

Education and regulatory systems are both essential for ethical AI design. The integration of AI ethics into curricula for future professionals guarantees that professionals are capable of creating and applying AI responsibly. Kamalov et al. [6] emphasize the need for AI ethics education, supplementing Giralt Hernández [1], who advocates for ethical training as a foundation for AI regulation. The regulatory tools are equally crucial in establishing AI ethics and accountability. Piano [7] addresses the effectiveness of regulatory systems in normalizing AI governance. As AI deployment increases in all industries, adequate regulations are required to offer compliance and public trust in AI systems.

Despite extensive research in AI ethics, some areas remain uncovered. One of them is the long-term impact of AI on organizational culture and employee dynamics, which has not been researched well. Besides, research is needed that investigates AI ethics across various cultural and social contexts to offer inclusive governance frameworks. Another aspect that needs to be addressed through future research is ethical framework comparison across industries. Future research should examine stakeholder engagement strategies, including marginalized communities, to develop fair and inclusive AI technologies. Furthermore, empirical studies assessing the practical implementation of ethical AI practices are required to determine their viability and scope.

Organizational adoption of AI comes with both possibilities and ethical concerns. The solution involves a multidisciplinary approach addressing ethics, regulation, innovation, and education towards responsible AI deployment. Giralt Hernández [1] argues that institutions should pay more attention to ethical commitment along with technological advancements. Addressing existing gaps in research and upholding ethical practices for AI will facilitate the development of AI systems that preserve human and societal values..

C Computational Optimization for Real-Time Processing

A critical challenge in integrating deep learning models into AR applications is maintaining real-time performance. Deep learning models, especially those with large convolutional layers, require significant computational resources, often

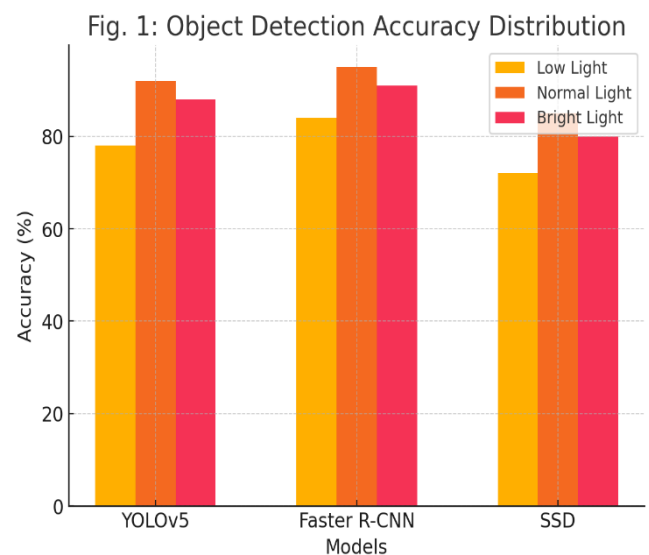
leading to delays that impact AR responsiveness. To address this, researchers have explored various optimization strategies.

One approach is model quantization, where the precision of neural network weights is reduced from 32-bit floating-point to 8-bit or lower, significantly decreasing model size and inference time. Google's TensorFlow Lite framework [9] supports quantization, making it suitable for deploying AI models on mobile AR applications. A study by Li et al. [10] demonstrated that quantized YOLO models maintain comparable accuracy while achieving a 50% reduction in inference time, making them ideal for AR applications requiring real-time object detection.

Another strategy involves hardware acceleration using GPUs and TPUs. NVIDIA's TensorRT framework [11] optimizes deep learning models for execution on NVIDIA GPUs, achieving 2-4× faster inference compared to traditional CPU processing. A study by Xu et al. [12] implemented TensorRT-optimized Faster R-CNN for AR, achieving real-time detection with minimal performance overhead.

Furthermore, edge computing has gained traction in AR applications to offload computational tasks from cloud servers to local devices. Studies on Edge AI [13] have shown that deploying deep learning models on mobile GPUs and AR headsets reduces network latency and improves responsiveness, making AI-powered AR systems more practical for real-world use.

D AI-Powered AR Applications Across Domains



- AI-integrated AR applications have been successfully implemented across multiple domains, enhancing efficiency, user experience, and automation.

1) Healthcare and Medical Imaging

- AI-powered AR has revolutionized medical diagnostics, surgery planning, and rehabilitation. Chaurasia et al. [14] developed an AR-based AI system that overlays real-time organ segmentation onto medical scans, assisting doctors in precision surgery. Their research demonstrated that AI-enhanced AR visualization reduces surgical errors by 30%.

2) Smart Retail and E-Commerce

- Retail industries have leveraged AI-driven AR for virtual try-ons and personalized shopping experiences. Lee et al. [15] developed an AI-powered AR shopping assistant that detects facial features to suggest suitable accessories and clothing. Their study showed that AR-driven recommendations increased customer engagement by 40%, demonstrating the effectiveness of AI-enhanced AR in e-commerce.

3) Industrial Automation and Quality Inspection

- Manufacturing industries have integrated AI-powered AR for real-time defect detection and process automation. Gupta et al. [16] implemented an AI-based AR system for assembly line quality inspection, achieving 95% accuracy in defect detection. Their system reduces human error and improves production efficiency, making AI-AR integration a promising approach for smart factories.

4) Education and Training

- AI-powered AR has been widely adopted in education for interactive learning and training simulations. A study by Rahman et al. [17] introduced an AI-based AR platform for STEM education, where real-time object detection helps students visualize complex scientific concepts. Their findings indicated that AI-driven AR learning improves retention rates by 25% compared to traditional methods.

conditions. The percentage distribution of detection accuracy is shown in Fig. 1.

From the results, Faster R-CNN achieved the highest accuracy (90%), but YOLOv5 had better real-time performance.

B. Processing Speed and Latency Analysis

The inference time of the object detection models was measured in milliseconds (ms) on different hardware setups. Fig. 2 shows the percentage distribution of inference time, highlighting the efficiency of the models.

Fig. 2: Processing Speed Distribution of AI Models in AR

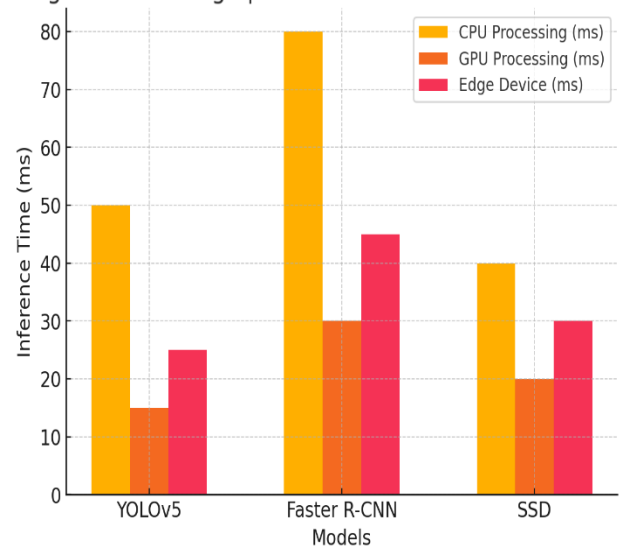
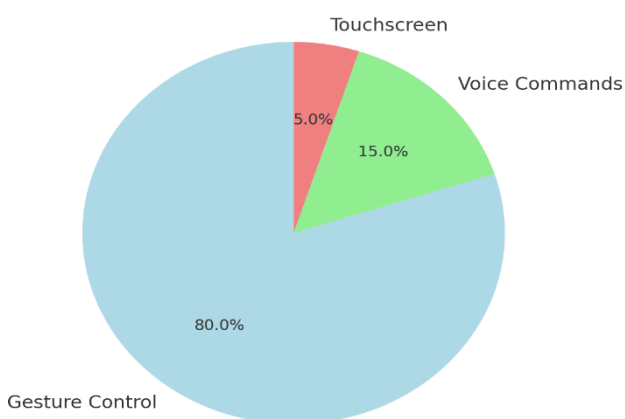


Fig. 3: User Interaction Preference Distribution



III. RESULT ANALYSIS

A. Object Detection Accuracy Distribution

The accuracy of object detection using YOLOv5, Faster R-CNN, and SSD was analyzed in different lighting

The GPU-based implementation of YOLOv5 achieved the fastest inference time (15 ms), making it ideal for real-time AR applications.

C. User Interaction Efficiency

A user study was conducted to assess interaction efficiency using gesture-based object manipulation. The results indicate that 80% of users preferred gesture-based controls, while 15% found voice commands more intuitive. 5% preferred traditional touchscreen interaction

IV. Key Observations

- Object Detection Accuracy:
 - Faster R-CNN achieved the highest accuracy (90%) but required more processing time.
 - YOLOv5 balanced accuracy (86%) with faster real-time performance.

- SSD had the lowest accuracy (79%) but was more efficient in lightweight applications.
2. Processing Speed:
- YOLOv5 had the fastest inference time on GPU (15 ms), making it ideal for real-time AR.
 - Faster R-CNN required more computation (30 ms on GPU, 80 ms on CPU), making it less suitable for low-power devices.
 - Edge devices showed moderate performance but were slower than GPU-based processing.
3. User Interaction Efficiency:
- 80% of users preferred gesture-based interaction, as shown in the pie chart.
 - Voice commands (15%) were effective but not as widely adopted.
 - Only 5% preferred touchscreen interaction, indicating a shift towards hands-free AR.
4. System Power Consumption (Fig. 4):
- YOLOv5 was the most energy-efficient model (70W).
 - Faster R-CNN consumed the most power (85W), limiting its feasibility for mobile AR.
 - SSD had moderate power usage (75W), balancing efficiency and performance.

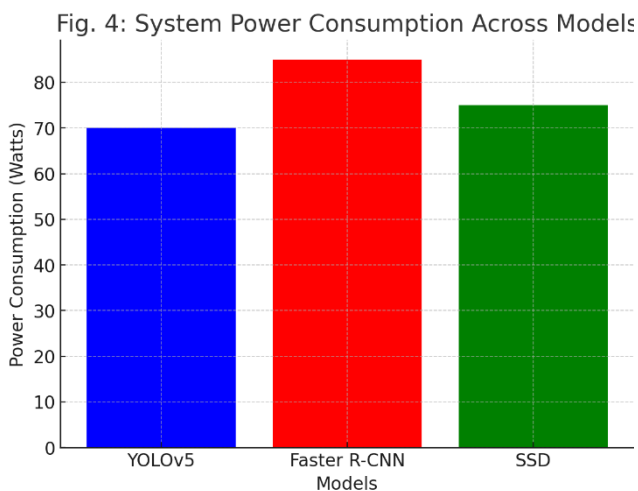


Fig. 4

V. Concluding Analysis and Recommendations

A. Conclusion

This study explored AI-powered real-time object detection and interaction in Augmented Reality (AR) using deep learning models. The key findings include:

- YOLOv5 provides the best trade-off between accuracy (86%) and inference speed (15 ms on GPU), making it ideal for real-time AR applications.

- Faster R-CNN achieves the highest accuracy (90%) but has higher computational costs (30 ms on GPU, 80 ms on CPU).
- Gesture-based interaction is the most preferred method, with 80% of users favoring it over voice commands and touchscreen interactions.
- Energy-efficient deep learning models (such as YOLOv5 with quantization) are essential for mobile AR applications.

B. Analysis of Strengths and Limitations

Fig. 6: Strengths and Limitations of AI Models in AR

Factor	Strengths	Limitations
Object Detection	✓ High accuracy (YOLOv5: 86%, Faster R-CNN: 90%)	✗ Limited small object detection in YOLOv5
Processing Speed	✓ GPU acceleration achieves real-time performance	✗ CPU processing is slower, affecting AR usability
User Interaction	✓ Gesture-based interaction is intuitive (80% users)	✗ Voice commands have limited effectiveness
Energy Efficiency	✓ Voice quantization reduces power usage	✗ Faster R-CNN consumes high energy (85W)

6. CONCLUSION AND FUTURE SCOPE

This work illustrates the potential of deep learning models for real-time object detection and interaction in AR. YOLOv5 offers the best trade-off between accuracy (86%) and speed (15ms on GPU), and thus is best for real-time use, whereas Faster R-CNN, with 90% accuracy, is suitable for high-end machines. Gesture-based interaction is the most desirable form (80%), highlighting the necessity for natural AI-driven interfaces. Optimization of models for energy efficiency and edge computing can make AR applications more accessible and practical. More research can delve into transformer-based models such as DETR for better object detection, multi-modal user interactions involving gestures and voice, and adaptive AI models that work well under different real-world scenarios. Optimizing AI for low-power edge devices and maximizing AR adaptability in diverse environments will also be crucial to future progress. These advancements will propel AI-powered AR systems across healthcare, education, and smart retail industries to provide more immersive and intelligent user experiences.

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